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Introduction

Kuwait Petroleum Corporation and its subsidiaries are pleased to present this booklet in line with United Nations, World Environment Day 2013 under the theme (Think . Eat . Save) . The aim is to spread awareness about the reduction of food waste and its effects globally on Human beings, Environment and economy.

This booklet covers some local and global facts regarding food waste and some useful tips to help you to contribute towards this global initiative.

The collective efforts of the state of Kuwait will serve future generations worldwide.



GLOBAL FOOD WASTE FACTS – United Nation

- 1- 1.3 billion tons of food is wasted every year. According to the UN Food and Agriculture Organization (FAO).
- 2- 20,000 children under the age of 5 die from hunger every day.
- 3- 1 in every 7 people in the world go to bed hungry.
- 4- 1/3 of global food production is either wasted or lost, which has a negative impact on the environment and all natural resources.
- 5- Rotting food creates methane gas that contributes to climate change phenomena.
- 6- Global food production occupies 25% of all livable land and is responsible for 70 % of fresh water consumption, 80 % of deforestation and 30 % of greenhouse gas emissions.

Sources:

- Global Food Losses and Food Waste - FAO, 2011.
- The environmental crisis: The environment's role in averting future food crisis – UNEP, 2009





KUWAIT FOOD WASTE FACTS

- 1- 50% of the total waste in Kuwait is food waste.
- 2- Due to the land constraint in Kuwait, food waste minimization is essential to reduce landfilling.
- 3- 52 % of surveyed families buy more food than they need and 58% prepare excess food than needed.
- 4- 93 % of surveyed families stated that education and awareness is the best method to avoid food waste.
- 5- Household Solid waste is 3.9 Million kg/day
- 6- Everyday 38.000 kg unconsumed food destroyed for various reasons

Source:

- 1- The Industrial Bank Of Kuwait.
- 2- The World Bank.
- 3 , 4 & 5 - "International Review of Business Research Papers" Prepared by Dr. Ali Al jamal & Dr. Mohsen Bagnied from Amriacan University of Kuwait
- 6- Kuwait Municipality.





Tips on how to reduce your food waste:

- 1- Think before you buy & eat.
- 2- Minimize your meal portions.
- 3- Use up your leftovers.
- 4- Freeze and store smartly.





5- Consume the food before the expiry date.

6- Watch your trash as an indicator.

7- Eat less, and waste less too.

8- Contact & donate to food banks (charities “page 8”).

